

HUMAN SCIENCES-Nutrition Education & Promotion Catalog Year 2022-2023

Name _____

W# _____

Required	Substitution	Grade	Hrs
General Education (39hrs)			
*ENGL 101or101H			3
*ENGL 102or102H			3
ENGL 230,231, or 232			3
COMM 210 or 211			3
MUS/ART/THEA/DNC			3
HISTORY ELECTIVE			3
MATH 105 or 151/161			3
MATH 241			3
BIOLOGICAL SCIENCE			3
PHYSICAL SCIENCE			3
SECOND SCIENCE SEQ			3
**PSYC 101			3
SOCIAL SCI ELECTIVE			3
TOTAL			39

Nutrition Education & Promotion Concentration (27hrs)

**NUTR 253 Food Principles & Preparation			3
**NUTR 411 Nutrition & Lifestyle Diseases			3
**NUTR 424 Nutrition for Sport & Fitness			3
**NUTR 425 Nutrition Principles & Preparation			3
**NUTR 433 Current Trends & Issues in Nutrition			3
**HDFS/CL/NUTR/HUSC ELECTIVE			3
**HS 133 Healthy Lifestyles for the 21st Century			3
**HS 252 or HS 331 Health & Stress or Health Info & Media			3
**HS 351, HS 420, or HS 454 Hlth Prob of Aged & Aging or Hlth Prom & Plan or Hlth Beh Chng			3
TOTAL			27

Required	Substitution	Grade	Hrs
Other (11hrs)			
SE 101			2
FREE ELECTIVE			3
FREE ELECTIVE			3
FREE ELECTIVE			3
TOTAL			11

HUSC Core (43hrs)

**HUSC 100 Foundations of Human Sciences			1
**HDFS 302 Individual & Family Dev Across the Lifespan			3
**HDFS 304 Parenting			3
**NUTR 342 Nutrition			3
**NUTR 345 Lifespan Nutrition			3
**HUSC 346 Professional Development			3
**HDFS 371 Family Finance			3
**HDFS 412 Family Stress & Coping			3
**NUTR 421 Principles of Weight Mgmt			3
**HDFS 441 Family Relations			3
**HDFS 448 Communication, Aging, & Social Interaction			3
**HDFS 475 Family Resource Mgmt			3
**HDFS/CL/NUTR/HUSC ELECTIVE			3
**HDFS/CL/NUTR/HUSC ELECTIVE			3
**ENGL 322 Technical Writing			3
TOTAL			43

Southeastern 101 is not required of transfer or readmitted students with 30 hours or more. Those students must replace SE 101 with 2 hours of electives.

*A grade of C or higher is required for these courses. G- General Education Courses. ** Major Course Grade of "C" or better.

Upon Completion of this program, students will be eligible to take the certification exam as Nutrition and Wellness Educators through American Association of Family and Consumer Sciences. Requirements include completing NUTR 342, 345, 411, 421, 425, 426, and 433, as well as passing the competency exam.