

## 2022-23 Health Promotion Minor

### Health Promotion Minor

Students **not majoring in Health Sciences** may elect to minor in Health Promotion. It is strongly recommended that students meet with KHS department advisor before starting on the minor. Twenty-four hours in Health Studies are required for a minor in Health Promotion. **Fifteen of these hours must be in 300-or-400 level courses.**

- **The following courses are required to complete this minor (15 hours):**
  - ††Health Studies 133
  - ††Health Studies 360
  - ††Health Studies 312 or 362
  - ††Health Studies 454
  - ††Health Studies 420 (Fall only)
  
- ††Health Studies Electives: **Three elective courses** must be selected from the following (9 hours):
  - HS 162 (Drugs and Society)
  - HS 200 (Foundations of Public Health)
  - HS 251 (Health and Human Sexuality)
  - HS 252 (Health and Stress)
  - HS 312 (Community Health)
  - HS 315 (Study of Human Diseases I)
  - HS 316 (Study of Human Diseases II)
  - HS 331 (Health Information and Media)
  - HS 335 (Contemporary Women's Health and Wellness)
  - HS 351 (Health Problems of the Aging and Aged)
  - HS 361 (Introduction to Environmental Health)
  - HS 362 (Promoting Health in the Worksite)
  - HS 401 (Health Instruction)
  - HS 430 (Complementary and Alternative Healthcare Modalities)
  - HS 439 (Spirituality and Health)
  - HS 440 (Research Methods in Health Sciences)
  - HS 442 (Social Determinants of Health)
  - HS 461 (The School Health Program)
  - NUTR 342, 345, 411, 421, 424, or 433 may be used as one elective.

††Grade of "C" or higher is required

Total hours: 24

Most courses are offered on a regular basis at least once a year.