

# Mental Health Crisis Intervention Toolkit for Students



## **Mental Health Crisis:**

- Language about ending one's life
- Evidence or report of self harm
- Substance Use Emergency
- Hearing or seeing things not present-hallucinations
- Physical threats to someone else's safety



## **Action:**

Call UPD at (985) 549-2222  
24/7

or

Go to UCC  
during business hours

**If you feel anyone's safety is at risk, please  
call UPD at (985) 549-2222.**

## **Sexual Assault or Domestic Violence Survivor**

### **Helpful resources include:**

- **The University Counseling Center**
- **University Police Department**
- **Dean of Students**
- **Office of Student Advocacy and Accountability**

### **Actions that can be taken:**

- **Mental Health Counseling**
- **Medical Examination**
- **Police Report**
- **Title IX Report**
- **Housing room change**



### Helpful Offices

#### University Police Department (UPD)

**(985) 549-2222**

**Open 24/7**

#### University Counseling Center (UCC)

**(985) 549-3894**

**M-Th 7:30am-5PM, F 7:30am-12:30pm**

**Summer: M-Th 7am-5:30pm**

#### Dean of Students (DOS)

**(985) 549-3792**

**M-Th 7:30am-5pm, F 7:30am-12:30pm**

**Summer: M-Th 7am-5:30pm**

#### Office of Student Advocacy and Accountability (OSAA)

**(985) 549-2213**

**M-Th 7:30am-5pm, F 7:30am-12:30pm**

**Summer: M-Th 7am-5:30pm**

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call UPD at (985) 549-2222.**